

# **Budmouth Academy Sport Curriculum Statement**

## **Curriculum Vision**

Our vision is to inspire healthy active lifestyles through a varied, meaningful, challenging and enjoyable sporting programme.

## **Curriculum Aims**

To nurture curiosity through a wide and varied range of sporting activities and situations.

To provide the opportunity to engage and grow as a performer, coach, referee, tactician, or analyst.

To improve student resilience by developing awareness about health and well-being including nutrition, social and emotional health.

To provide fun and enjoyment through physical activity and social interaction.

To develop student purpose through work place experiences and encounters with further and higher education.

## **KS5 Curriculum**

Intent:

Our KS5 curriculum is designed to ensure that knowledge acquisition is enhanced through being effectively applied to real-life situations and problems. We will develop transferable future skills through the application of knowledge into actions for future success. We ensure high rates of progress for all alongside providing encounters with employers, further and higher education to ensure awareness of future opportunities. All our courses are highly relevant to the world today and in the future and enables all our students to enter skilled employment or higher levels of study. Students are given the challenge and opportunity to develop into independent learners and these study skills are nurtured by staff.

Implementation:

Students have access to three possible curriculum pathways;

A Level PE

BTEC Level 3 Extended Certificate

BTEC Level 3 Extended Diploma

Alongside the level 2 award in Community Sports Leadership and the level 3 award in Higher Sports Leadership

Impact:

These courses allow an individualised approach to learning for students to achieve high levels of attainment in national qualifications, whilst the sports leadership courses allow students to develop high levels of self-worth and self-confidence.

A Level PE

An academically challenging course which covers the following key aspects;

- Anatomy & Physiology
- Exercise Physiology
- Biomechanics
- Socio-cultural studies
- Psychology of sport

- Practical performance in sport

<b>Theory (70%)</b>	<b>Practical (30%)</b>
<b>3 external examined written papers</b> <ul style="list-style-type: none"> <li>- Anatomy and Physiology, Exercise Physiology, Biomechanics</li> <li>- Socio-cultural issues</li> <li>- Psychology of sport</li> </ul>	<b>1 practical sport</b> <b>EAPI</b>

### BTEC Level 3 Extended Diploma

A vocational qualification which allows a more coursework-based assessment alongside externally assessed units covering;

- Anatomy & Physiology
- Sports coaching and leadership
- Work experience

<b>Internally assessed</b>	<b>Externally assessed</b>
<b>10 units</b>	<b>1 formal exam</b> <ul style="list-style-type: none"> <li>- <b>Anatomy &amp; Physiology</b></li> </ul> <b>3 controlled assessment pieces</b> <ul style="list-style-type: none"> <li>- <b>Development and provision of sport</b></li> <li>- <b>Investigation into sports leadership</b></li> <li>- <b>Fitness training and programming</b></li> </ul>

### BTEC Level 3 Extended Certificate

A vocational qualification which can be studied alongside additional A-Level options, covering the core units in both externally and internally assessed units.

<b>Internally assessed</b>	<b>Externally assessed</b>
<b>2 units</b>	<b>1 formal exam</b> <b>1 controlled assessment piece</b>

Through these courses' students acquire and apply knowledge in a range of contexts, they achieve high levels of personal achievement and progress which is continually monitored and tracked. Students develop skills for the future which they can confidently and competently use in skilled employment or higher levels of study. Students are guided with encounters of higher education and employment and are aware of future opportunities.

