6th Form Preparation Work for Psychology

Week 1 and 2

Mrs Jamie St.John Brind
(jst.john.brind@budmouth-aspirations.org)

1.Research

- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?

https://www.bps.org.uk/public/what-is-psychology

Becoming a psychologist

Time: 1hr

2.Watch and listen
Mental health

TED talk about mental health

Summarise some of the key points highlighted in this talk.

What's so funny about mental health?

Time: 15mins

3.Research Task
Mental health

Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.

Time: 2hrs

4.Watch and listen
Mental health

TED talk about stress
Summarise some of the key points highlighted in this talk.

The science of stage fright and how to overcome it

Time: 15mins

5.Watch and listen
Mental health

TED talk about causes for depression and anxiety

This is why you could be depressed or anxious

Time: 20mins

6.Complete
Mental health

Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.

Time: 30mins

7.Complete
Memory

Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the quiz, create a quick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved.
'How Good Is Your Memory?' quiz

Time: 30mins

8. Watch
Memory

TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.

How reliable is your memory?
TED Talks – Elizabeth Loftus

Time: 40 minutes

9.Research
Memory

What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.

Eyewitness Testimony
Simply Psychology
Time: 1hr

10.Complete
Memory

Produce a handout or PowerPoint detailing what eyewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.

Time: 1hr

Watch - *extension work*

If you have access to Netflix watch '100 humans'

Time: 4hrs 30mins for all 8 episodes