

12th January 2021

Dear Parent and Carer

Following guidance produced by the Lead Association for Catering in Education, Public Health England and the Department for Education, it has been decided to put together a food parcel which will allow parents and carers whose children are eligible to receive Free School Meals to prepare simple and healthy lunches for their children at home across the week, rather than collect a packed lunch each day.

Food parcels will be distributed in line with Government guidance and reduce the number of times people will be on site.

An example of one food parcel for one child over one week includes:

- 1 pack of part baked rolls or wraps
- Baking potatoes
- 1 pack of dried pasta
- Cucumber
- Tomatoes
- 1 tin of vegetables (e.g. sweetcorn in water)
- 5 portions of fruit (mixture of fresh and tinned fruit in juice)
- One pack of sandwich meat
- 200g block of cheese
- 6 eggs
- 1 tin of baked beans
- Pack of yoghurts
- 1 litre / 2 pints semi-skimmed milk

If you require this service you will need to register by 12pm each Friday by completing this form for each eligible child: [Free School Meal Food Parcel](#). Families will then be contacted informing you of the time and date your food parcel needs collecting.

Please note that if your child is in school, they are already being provided with their Free School Meal and, therefore, do not qualify for this food parcel.

If the Government launches a national Free School Meal Voucher Scheme as per first lockdown, this will supersede this food parcel provision.

Yours sincerely

Mrs J Warr
Vice Principal