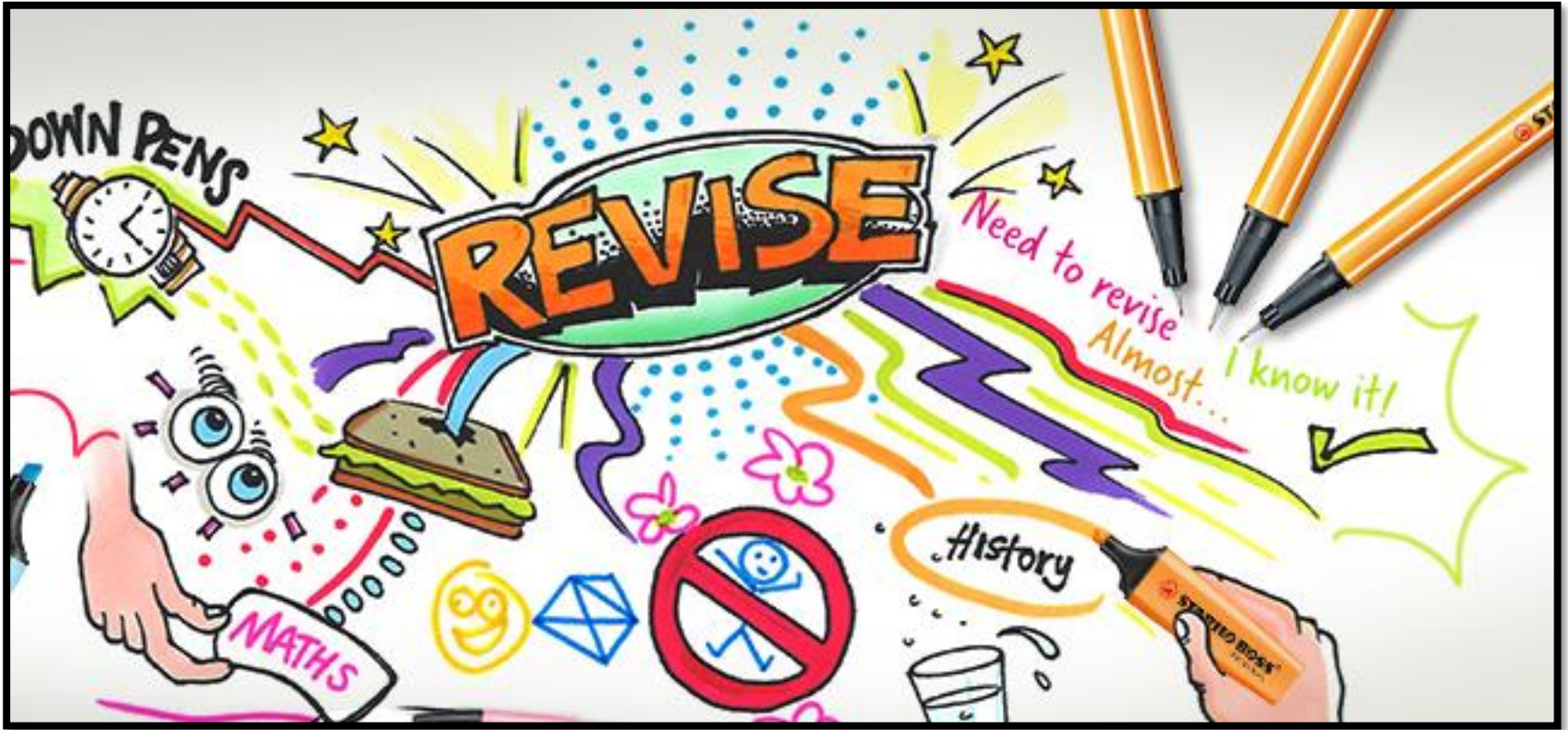


Developing Good Habits!



Strategies to make revision and exams easier

Are you ready
for exams?



How Parents & Carers
Can Help.
How students can help
themselves.



EH?!

I'VE READ
ABOUT THIS
LAST NIGHT!

BUT I CAN'T
REMEMBER THE
ANSWER!

WHAT WAS
IT? OH NO, NO
NO, NO....



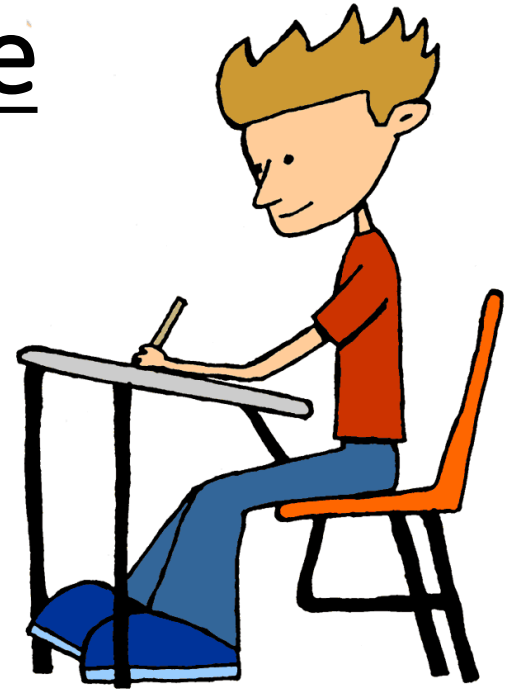
Common problems

- I hate this subject, I'm going to drop it...
- There's no point, I've left it too late...
- Meltdown – dealing with stress

Solutions!

The Impact of Attendance

Is 90% attendance good?

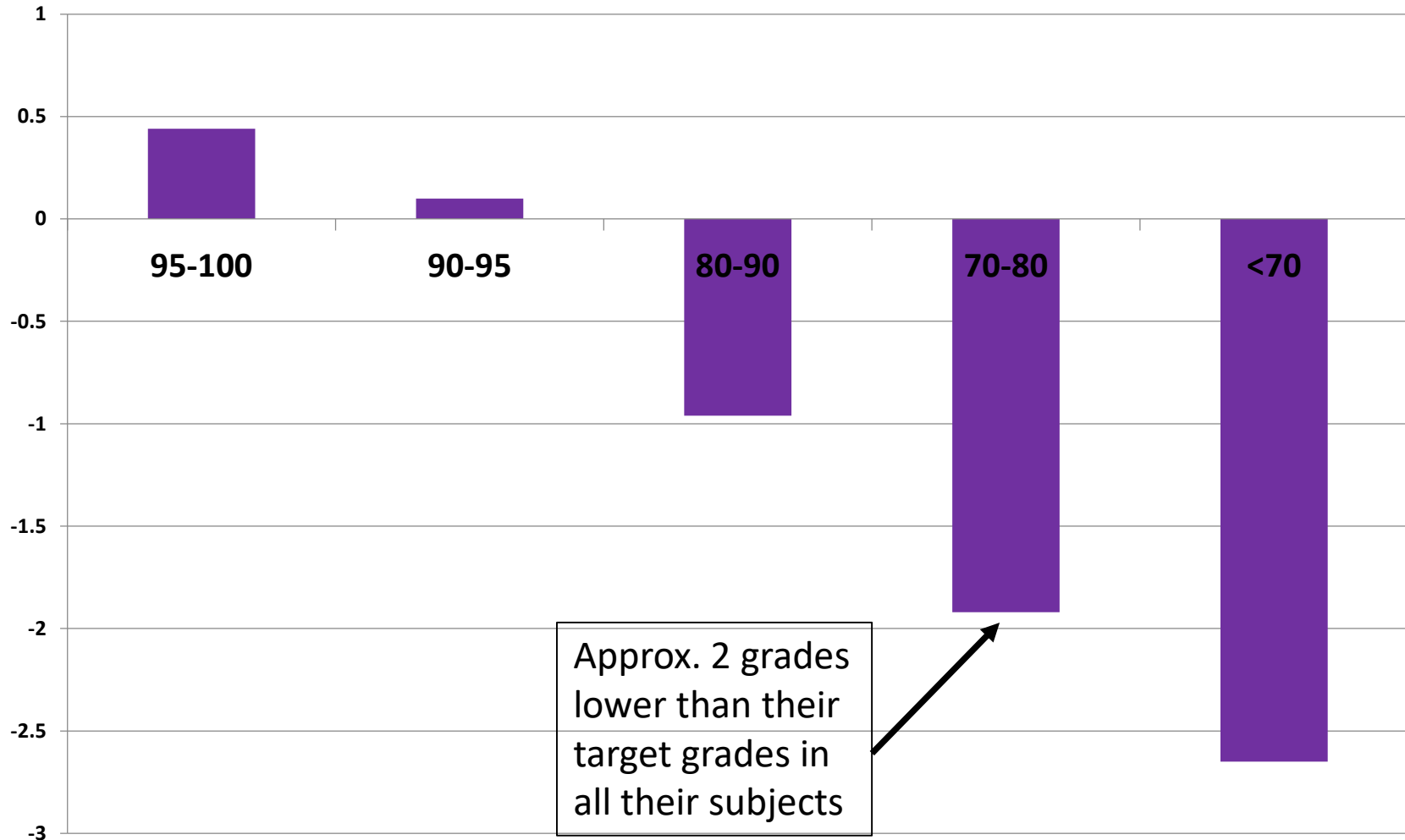


In one year, 90% attendance means 4 lost weeks of school – or 20 days!

A full GCSE is taught in less than 20 days per academic year

The Impact of Attendance

Progress 8 against Attendance





Stationery Set



3 pencil
top erasers



2x HB
pencils



scissors



assorted
colours



2x ballpoint
pens



calculator



sharpener



6" ruler



set square
& protractor



14 piece stationery set ideal for learning

Ideal for school, home & office

Create a plan for revision

- Break revision into small manageable steps – chunk it
- Create a realistic timetable – cross off tasks you do – find a balance
- Little and often – take breaks
- Plan in rewards
- Mix it up
- The hardest part is starting!



What is available to support revision?

- Classwork notes/ workbooks/ past assessments
- **Online resources** – ask teachers to recommend the best – most are free!
- **Revision guides** - buy them asap so that students get the most benefit from them. No use buying two weeks before!

How to successfully waste precious time...





MANAGE
YOUR
TIME

ADJUST
THE
NOISE

STREAMLINE
YOUR
VISUALS

SNACK
AND SIP
HEALTHY

TURN OFF
TECH
TEMPTATIONS

TAKE
REGULAR
BREAKS

GET IN
POSITION

GET OFF
THE BED

Ready...

Recall – flash cards,
video clips, reading notes
in a book or online

Steady...

Rehearse – practise questions,
revision book questions,
download questions from exam
boards

Go...

Rest – take a break, have a
drink/snack, 10 minute chat
with a friend

REPEAT 😊

Remember
the 4 R's!

Experiment with Revision Techniques

Advice to students:

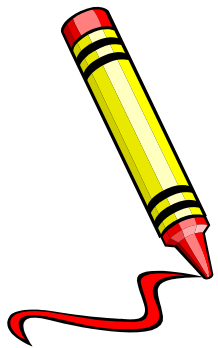
- Revise the topics you are weak on – not the stuff you know!
- Use past questions / papers
 - Stuck? Use your notes the first time and then re-do later without your notes
 - Time yourself!
- Get people to test you – friends or family

Useful Techniques

1. Mind Mapping

- They are a great way to give an overview of a topic
- Be creative with them
- Plain paper and some coloured pens are all you really need in terms of resource
- Display them on the wall and in key places before the exam

Mind Maps Use:

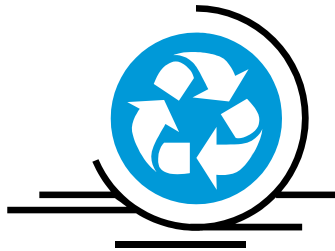


Lines



Color

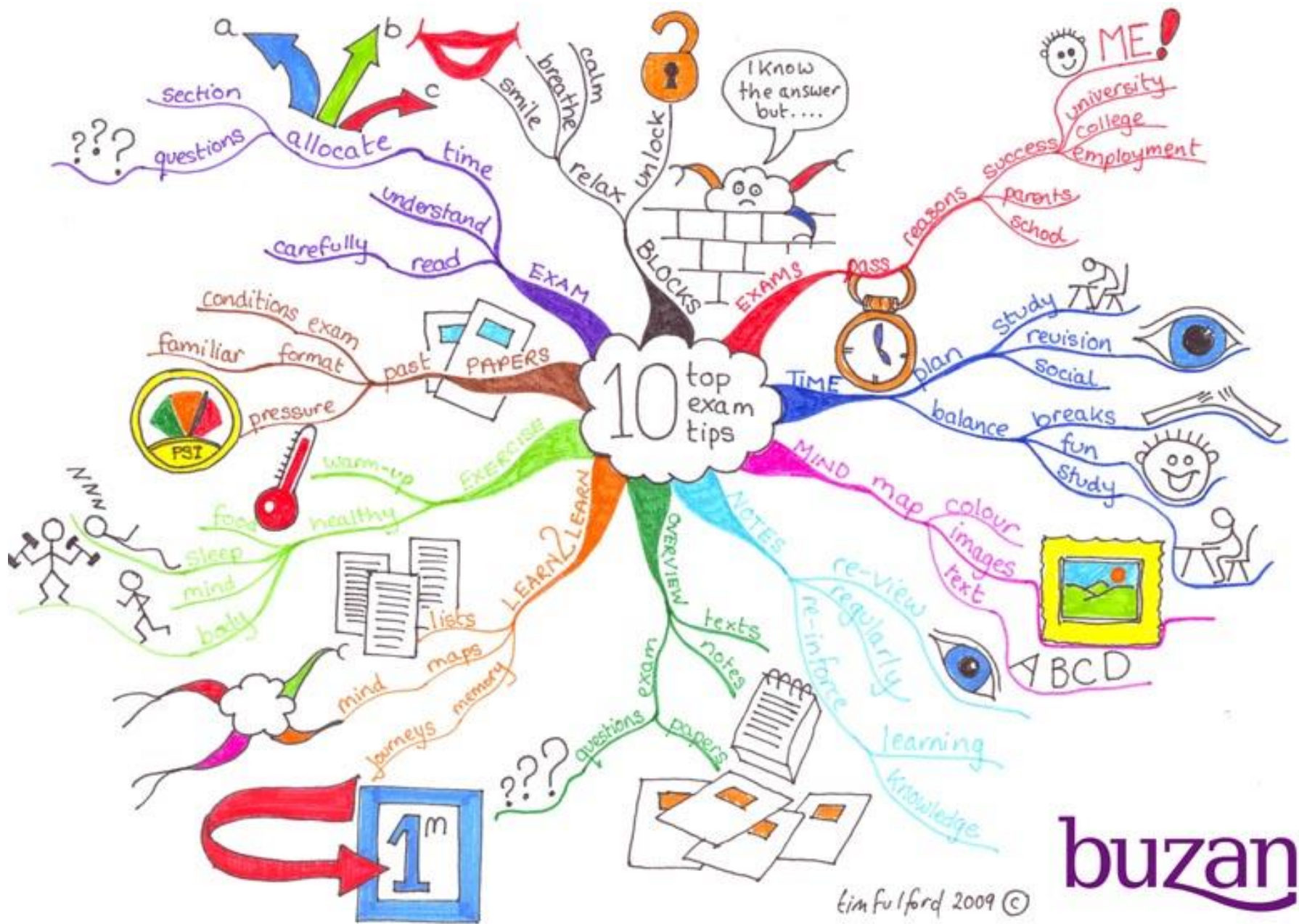
Symbols



Images

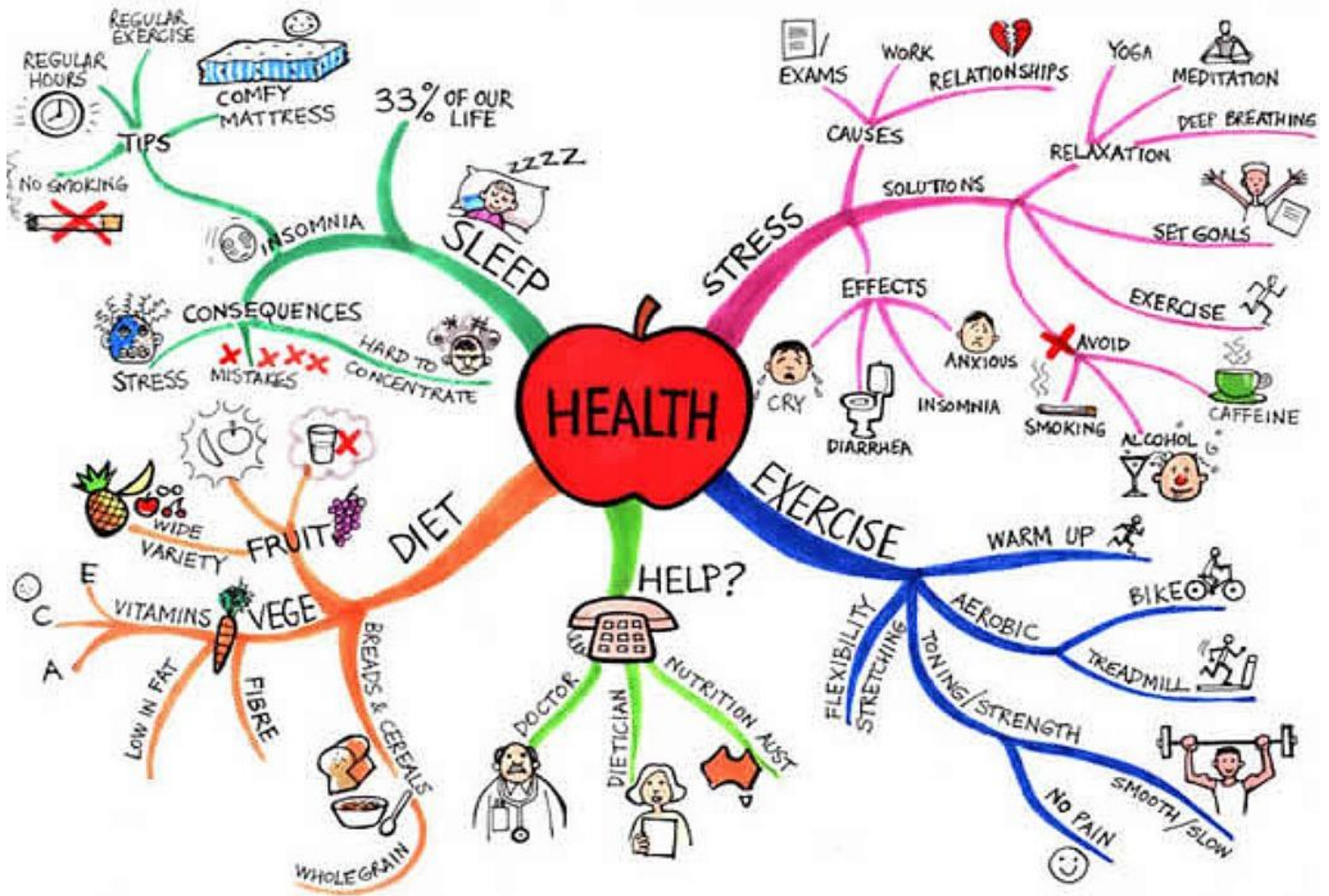


WORDS



tim fulford 2009 ©

buzan



Useful Techniques

2. Revision Cards

- Create a selection of cards that cover a topic
- Try to condense the information and include questions, with answers on the back
- Parents and carers can support by asking the questions and checking answers
- Cards are available in most shops or online

Revision Cards

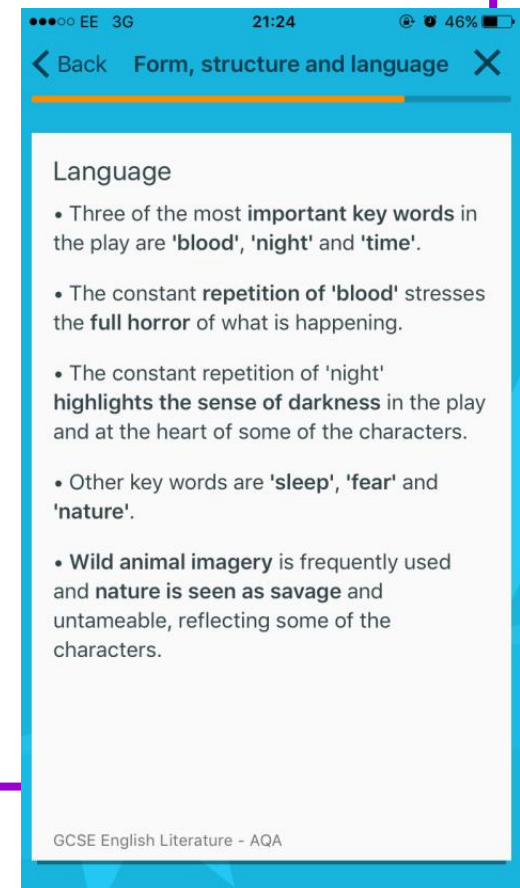
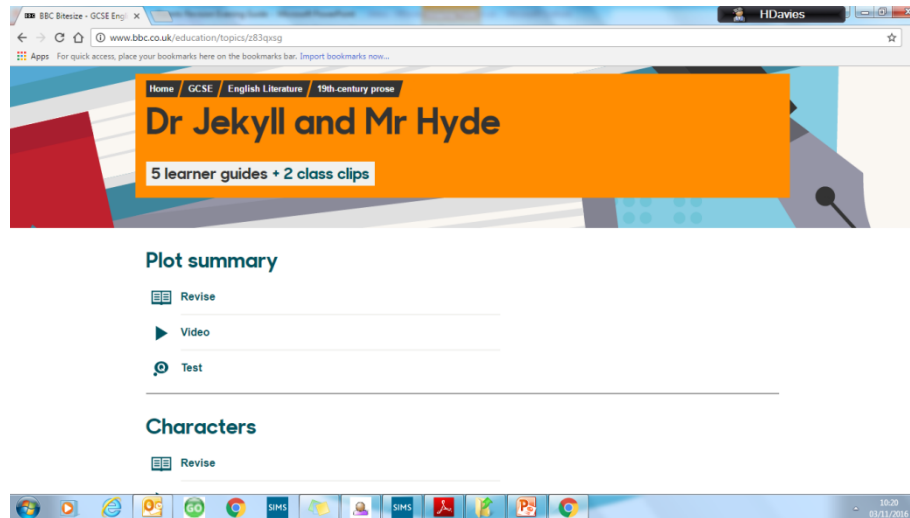
The website quizlet is really useful in helping with revision cards



How can my child revise?

3. Online quizzes; BBC GCSE Bitesize has very useful revision notes, flashcards, videos, quizzes and sample exam questions. It can be accessed via:

- Website
- App



Want to ace your exams?

4. Use past papers. **PRACTISE, PRACTISE, PRACTISE!**

Past paper practise is really valuable to prepare for your test/exam – ask your teacher to email you papers or provide a link.

Centre Number										Candidate Number									
Surname																			
Other Names																			
Candidate Signature																			



General Certificate of Secondary Education
Foundation Tier
June 2014

Science A
Unit Chemistry C1

Chemistry
Unit Chemistry C1

Tuesday 10 June 2014 1.30 pm to 2.30 pm

CH1FP

F

For this paper you must have:
• a ruler
• the Chemistry Data Sheet (enclosed).
You may use a calculator.

Time allowed
• 1 hour

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer all questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

• The marks for questions are shown in brackets.
• The total mark for this paper is 60.

• You must use a calculator.

• You must show your working for all questions.

• You must show your working for all questions.

• You must show your working for all questions.

• You must show your working for all questions.

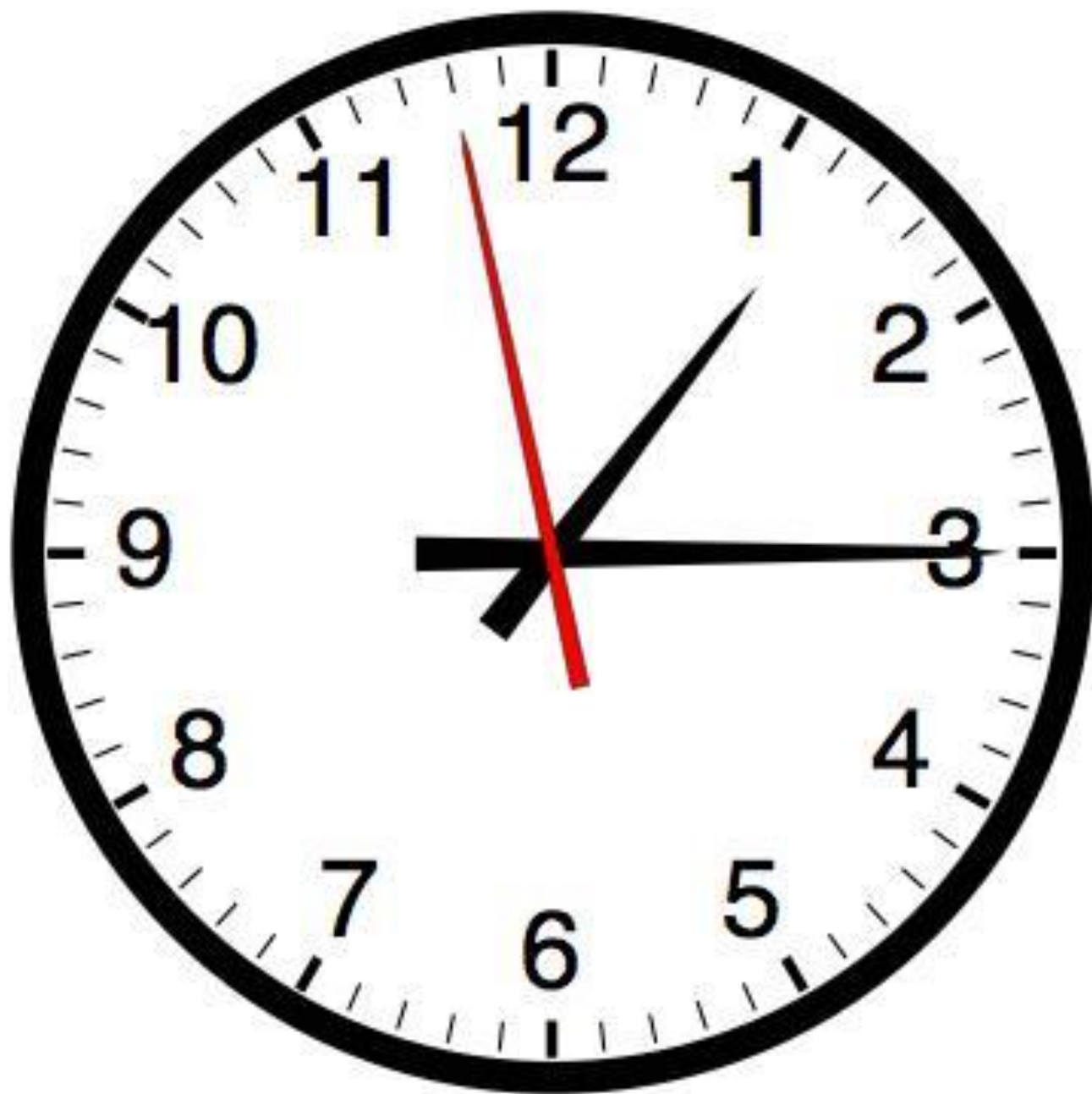
• In all calculations, show clearly how you work out your answer.



0478806014008

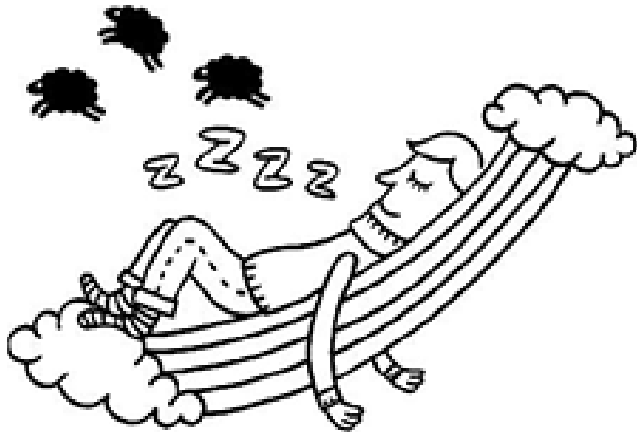
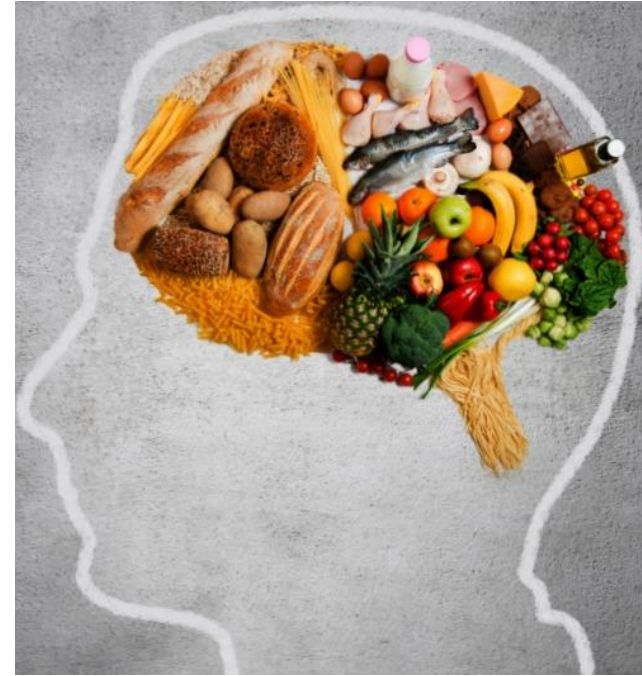
For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
5	
6	
7	
TOTAL	

CH1FP



How to support at home

- Check equipment: pen, pencil, ruler, calculator, etc.
- Revision guides and websites
- Encourage homework and revision
- Encourage good sleep and eating habits



**Have they made a
plan/timetable?**

**Is revision part of
the routine?**

**Is there
somewhere
calm/quiet for
them to study**

**Are they
stressed/need
support?**

**Do they know
what to revise &
where to get the
information?**

Do they need a snack!?

**SOMETHING TO
THINK ABOUT...**

**Do they need a
gentle shove in
the right
direction!?**

**What motivates
them?**

How Much Revision?

- Ensure students are completing all Home Learning that is set – this is all focused on helping revision.
- Attending revision classes in school should complement not replace independent revision at home
- A routine is effective – students should be working most nights, regardless of whether home learning is set.
- Every student is different
 - A balance is needed between work and rest/social activities
 - Quality revision – sitting at a desk is not revision!
 - More effort now will mean they will be able to enjoy the summer, knowing that they have done their best.



As well as rewarding yourself, make sure you still have time for extra curricular activities!

Your enjoyment will have positive affects on your mental / physical health, confidence and academic progress.

This experience will also support any applications you make for your next step.

(But don't let a job interfere with your studies)



11

A very little key will open a very heavy door.

Charles Dickens



Revision

It always seems impossible until it's done.

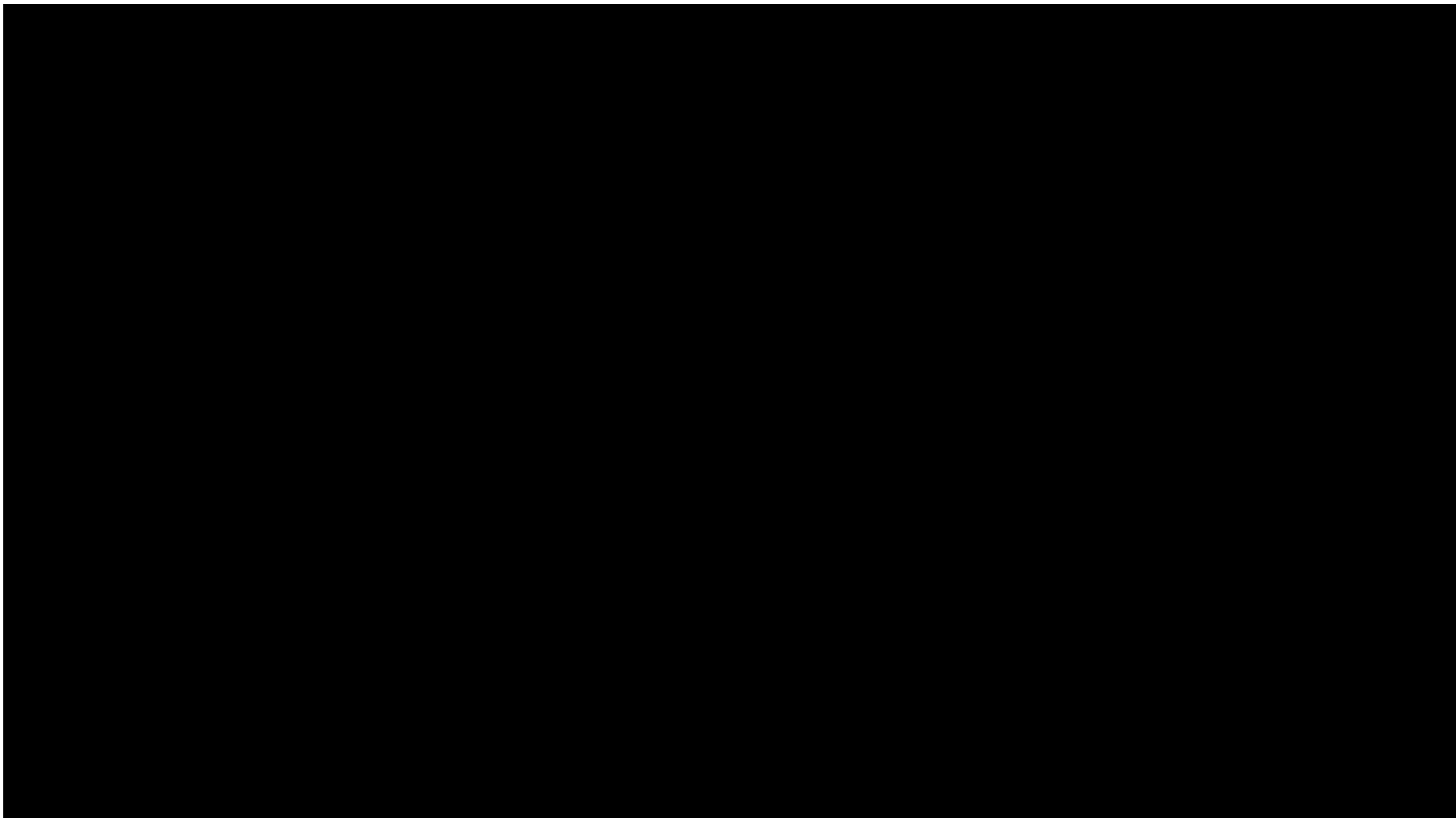
Nelson Mandela

YOU ARE
NOT ALONE
IN THIS.



**KEEP
CALM
AND
STUDY
HARD**

**Any
questions?**



<https://www.youtube.com/watch?v=p60rN9JEapg>