Year 7 – Assessment Grid

	Developing	Secure	Advanced	Exceptional
Range Of Skills	Very limited core skills for the activity in isolation and under competitive pressure in authentic performance situations. Very limited understanding of curriculum area and skills required.	Demonstrates some core skills for the activity in isolation and under competitive pressure in authentic performance situations. Some understanding of the core curriculum area and skills required.	Demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance. A good understanding of the core curriculum area and skills required.	Demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations. A good understanding of the core curriculum area and skills required, with some advanced understanding.
Quality Of Skills	Core skills are performed inconsistently and with limited accuracy, control and fluency. Any advanced skills are not attempted.	Core skills are performed inconsistently and with limited accuracy, control and fluency. Any advanced skills attempted are performed with little success.	Core skills are performed with limited consistency and some accuracy, control and fluency. The advanced skills demonstrated are performed with limited consistency and often lack accuracy, control and fluency.	Core skills are performed consistently with a good standard of accuracy, control and fluency. The advanced skills demonstrated are performed with some consistency and a good standard of accuracy, control and fluency.
Physical Attributes	Physical fitness and psychological control during performance limits the effectiveness in drills and games.	Demonstrates limited physical fitness and psychological control during performance.	Demonstrates sufficient physical fitness and psychological control to perform with some effectiveness.	Demonstrates appropriate levels of physical fitness and psychological control to perform effectively.

Year 8 – Assessment Grid

	Developing	Secure	Advanced	Exceptional
Range Of Skills	Demonstrates some core skills for the activity in isolation and under competitive pressure in authentic performance situations.	Demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance.	Demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.	Demonstrates all core skills and many advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.
	Some understanding of the core curriculum area and skills required.	A good understanding of the core curriculum area and skills required.	A good understanding of the core curriculum area and skills required, with some advanced understanding.	All core knowledge and understanding of the curriculum area and skills in addition to many advanced skills knowledge and understanding.
Quality Of Skills	Core skills are performed inconsistently and with limited accuracy, control and fluency. Any advanced skills attempted are performed with little success.	Core skills are performed with limited consistency and some accuracy, control and fluency. The advanced skills demonstrated are performed with limited consistency and often lack accuracy, control and fluency.	Core skills are performed consistently with a good standard of accuracy, control and fluency. The advanced skills demonstrated are performed with some consistency and a good standard of accuracy, control and fluency.	Core skills are performed consistently with a very good standard of accuracy, control and fluency. The advanced skills demonstrated are performed with some consistency and a very good standard of accuracy, control and fluency.
Physical Attributes	Demonstrates limited physical fitness and psychological control during performance.	Demonstrates sufficient physical fitness and psychological control to perform with some effectiveness.	Demonstrates appropriate levels of physical fitness and psychological control to perform effectively.	Demonstrates appropriate levels of physical fitness and psychological control to perform very effectively.

Year 9 – Assessment Grid

	Developing	Secure	Advanced	Exceptional
Range Of Skills	Demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance.	Demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.	Demonstrates all core skills and many advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.	Demonstrates all core skills and nearly all advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.
	A good understanding of the core curriculum area and skills required.	A good understanding of the core curriculum area and skills required, with some advanced understanding.	All core knowledge and understanding of the curriculum area and skills in addition to many advanced skills knowledge and understanding.	All core knowledge and vast range of advanced understanding of curriculum area and skills required.
Quality Of Skills	Core skills are performed with limited consistency and some accuracy, control and fluency.	Core skills are performed consistently with a good standard of accuracy, control and fluency.	Core skills are performed consistently with a very good standard of accuracy, control and fluency.	Core skills are performed consistently with an excellent standard of accuracy, control and fluency.
	The advanced skills demonstrated are performed with limited consistency and often lack accuracy, control and fluency.	The advanced skills demonstrated are performed with some consistency and a good standard of accuracy, control and fluency.	The advanced skills demonstrated are performed with some consistency and a very good standard of accuracy, control and fluency.	The advanced skills demonstrated are performed consistently with an excellent standard of accuracy, control and fluency.
Physical Attributes	Demonstrates sufficient physical fitness and psychological control to perform with some effectiveness.	Demonstrates appropriate levels of physical fitness and psychological control to perform effectively.	Demonstrates appropriate levels of physical fitness and psychological control to perform very effectively.	Demonstrates appropriate levels of physical fitness and psychological control to perform very effectively.