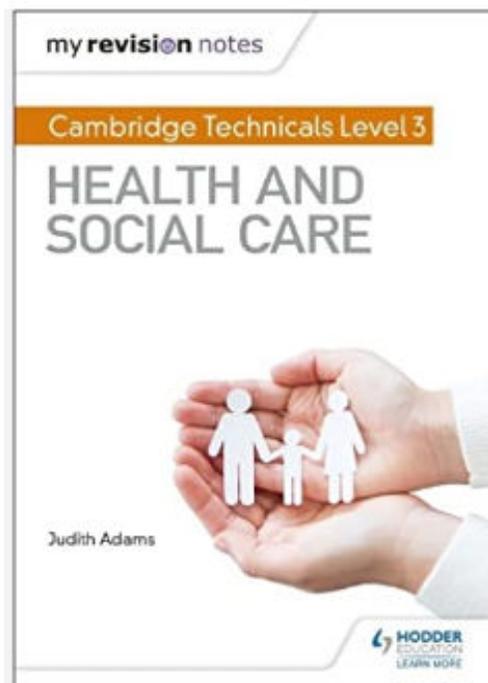


Raising achievement at KS5 in Health and Social Care!

Try these evidence-based and effective methods!

The revision guide is a good place to start - it has great summaries of the content you will need to know for the exams found on the Extended Certificate pathway.



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Maximising your achievement in coursework.

Coursework is a significant part of the course whatever pathway you are following.

Coursework can be a great opportunity to improve your grade if you ensure you follow these tips:

***Know your command verbs!** The command verb for each task can be seen in the assessment grid. For example:

LO	Pass	Merit	Distinction
3. Be able to control the spread of infection	P5: Demonstrate methods used to prevent the spread of infection	M2: Explain why a number of methods of preventing the spread of infection might be required in health and social care settings	D1: Analyse the effectiveness of immunisation in controlling infection
	P6*: Describe why standard precautions for infection control should be maintained at all times		
	P7: Explain the purpose of protective clothing in controlling the spread of infection	M3: Explain why infection control remains important when caring for the deceased	
4. Understand the role of the health and social care worker in controlling infection.	P8: State a range of methods of monitoring to ensure adequate cleaning		D2: Analyse the role of the health and social care worker in infection control where the individual refuses to comply
	P9: Describe how a health and social care worker should manage themselves to prevent the spread of infection		
	P10*: Explain the importance of following policies and procedures to ensure effective infection control	M4: Explain the purpose of policies and procedures in promoting good standards of infection control	

Demonstrate means you have to do something to show a skill or technique!

Analyse requires an in depth look at a topic, using a range of information sources to give a balanced discussion.

Describe always requires examples to show your understanding..

Explain means how and why something happens.

In order to meet each criteria, you must meet the command verb and requirements of the task. You will be given a copy of the unit content for each unit of coursework, and you will be shown exactly what you need to cover in each task. You will always begin each task with a discussion of the content and requirements, so you will then be able to work independently to complete the task. Make sure your work is unique and individual

to you, as long as you are meeting the requirements of the task you can choose your own examples and find your own style.

***Reference your work thoroughly!** Referencing your primary and secondary information sources is essential as it shows the assessor that you are basing your ideas on sound research, and you are avoiding plagiarism by clearly referencing where you obtained your information from. You can develop your own style as long as it is clear and detailed.

For example, one way to reference is like this! (source 1)

Source 1 - A report by John Smith, 'Crisis in care' Journal of Social Work, 2021.

***Meet your deadlines!** By meeting your coursework deadlines you will be able to benefit from feedback from your teachers (as permitted by the exam board guidelines). This will help you to identify any areas for improvement. Work will be submitted electronically using Google Classroom and you will always know your deadlines in advance. Make sure you have notifications switched on so you can see when a new assignment is posted.

Maximising your achievement in exams.

We all find ways of revising that seem to work for us, however there has been a lot of research recently about the most effective ways. Have a look at the ideas below and why not give them a try to spice up your old routine!!

Interleaving

Interleaving means switching between topics whilst revising in order to improve what you remember. The reason behind this is that it helps you make connections between topics and forces you to think harder about which strategies need to be applied to problems. This helps you to retain information better. So, mix up your revision topics daily so that it all has a chance to be stored in your long-term memory.

For example - You could revise The Equality Act, then swap to the Care Values, but look for links between the two. You could revise the Health and Safety At Work Act, then look at safety and security measures in different settings, again looking for the links.

Spaced repetition

Spaced repetition is a study technique where you review material over a long period of time. This gives your mind time to form connections between the ideas and concepts so knowledge can be built upon and

