

Budmouth Academy - DofE Award

Bronze Expedition Kit List 2023

<u>Individual Kit</u>		
Rucksack - 55-65 litres size	Cold Weather	Sunny Weather
Rucksack liner i.e. old survival bag	Woolly Hat	Sun Hat
Sleeping bag in a bin bag	Gloves	Sun Cream (S)
Roll Matt in a bin bag (on outside of rucksack)	Scarf	Sun Glasses
Emergency Survival Bag	Buff	Insect Repellent (S)
Walking boots - Broken in + Gaiters		
Waterproof/Windproof Jacket with attached hood - NOT Packamac type		
Waterproof/Windproof trousers		
<u>Clothes to wear:</u> Socks Underwear Thermal top / T-shirt Fleece / Sweatshirt / Rugby top Walking Trousers - No Jeans OR Trackies	<u>Toiletries/Wash Kit</u> Toothbrush + Deodorant Toothpaste & Wet wipes (S) Toilet Roll (S) Personal First Aid Kit (painkillers if needed) Hairbrush + ties (S) means shared between group, only 1 needed	
Complete set of spare clothes as above in a waterproof bag	Mug - Plate for food if not cook in bag food Flip Flops to wear at camp site	
Torch + spare batteries - Head torch is best	Fork & Spoon or Spork	
Pen knife / Pocket Tool (S)	Sturdy Water Bottle (1 Litres) x 2, (Platypus?)	
<u>Food</u> Hot breakfast and evening meal Hot drinks Snacks for during day Packed lunch for 2 days	<u>Emergency Food</u> Sealed & labelled in a clear plastic bag, Main meal+ Hot drink, energy bars, chocolate (Not to be eaten until the end!)	
Budmouth DofE Emergency contact and ID Card	Mobile phone - 1 per team, sealed in waterproof bag	
Note book and pen (S)	Camera (S)	
Watch (S)	Matches - sealed in dry container (S)	

<u>Group Kit</u> - To be shared by members of walking group	
Tent x 2	Laminated map sheet & Route card x 3
Trangia Stove x 2 - Gas canister x 3	OS Laminated map of region 1:25,000
Group Headtorch	Toilet trowel x 1
Group First Aid Kit x 2	Emergency beacon x 1
Compass x 7 - 1 Per team member	Bin bags x 2 + gloves - Rubbish collection
Whistle x 7 - 1 per team member	Electronic Tracker x 1

The Items in Bold will be provided by the school