

## **PSHE/Sex & Relationship Education Consultation – Parental Feedback**

**Question 1: What kind of support/guidance/information could the Academy provide which may be useful in helping you fulfil your role at home discussing RSE topics with your child?**

- More communication of what topic they will be teaching and when, perhaps putting messages out or some kind of notification for each change of topic/unit.
- Where the sources and information come from. Can this be looked up?
- Parental controls on social media platforms – how to check phones/online safety perhaps some parental information sheets/emails with these as topics.
- Alerts/notifications of apps/social media platforms which are out there and harmful (i.e. encouraging self-harm/suicide/challenges). If you are aware of them please let us know what to look out for.
- Links to websites/resources. Any local support, e.g. Dorset Where's Your Head At website, DYA website etc.
- Perhaps some guidance of how to set boundaries for internet use. Including parental controls, routines, WIFI locks etc and then how to have the conversation about setting these boundaries.
- A way to leave anonymous comments if the student/parent doesn't want to be named?

**Question 2: Do you have any questions/concerns about any particular RSE topics and at what stage they are taught during KS3 and KS4?**

- FGM – perhaps an email home to make parents/carers aware that this topic was coming up to enable parents/carers to be aware and to then be available to pick up on any conversations/thoughts that arise. Anonymous comments box.
- Regarding age appropriate lessons – will you take into consideration Neurodiversity, where some children will not be mentally ready to learn at the same stage as their peers.
- Boys/girls learning about and respecting both sexes.
- The types of books students are encouraged to read could include things like promote healthy personalities/behaviours/ways of living etc.
- School library (if not already) could have a section on finance, business, philosophy, ethics, positive roles models etc.
- Having some content sent home before “big” PSHE topics.

**Question 3: Are there any particular RSE topics that you would like students to be taught/have the opportunity to learn about through the PSHE curriculum?**

- Working rules for teenagers to they are not exploited by employers.
- Non-hetero relationships.
- Learning about benefits/cost of living crisis.
- Pensions/mortgages/credit cards/store cards etc (but you may already do this).
- Teaching self-confidence, not to follow the crowd and to be able to critically think on matters, rather than just be “told” to follow the crowd/demand. Particularly when it comes to invasion of your personality, body integrity and the paths you follow.
- Why is mental health not taught in Year 11?
- How to communicate effectively, powerfully and how to be heard.
- Will you take into consideration cases of Neurodiversity (i.e. children who are not mentally ready for the age appropriate lessons).
- Learn the art of debating intelligently.
- Teaching about what a positive male role model looks like.
- Enthusiastic consent – “consent Tent” – STARS Dorset (website).
- Support throughout RSE for external sources of support if triggered by topics on the curriculum, e.g. Sexual Abuse.