

# Level 2 BTEC Tech Award in Sport

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Course Qualification Awarding Body and Website Link | [Pearson BTEC Tech Award in Sport \(from 2022\)](#)

This two-year course provides students the opportunity to learn and understand a range of areas in the sporting world, developing both theoretical knowledge and practical application. Students will develop an understanding for issues in physical activity, sporting performance, fitness testing and, anatomy and physiology; in addition to being able to practically apply team and individual sports. Students must have an interest in sport and physical activity and want to develop their skills such as leadership, coaching and communication.

Pearson BTEC Tech Level 1/2 Tech Award in Sport			
Component	Assessment	Marks	Weighting
1. Preparing Participants to Take Part in Sport and Physical Activity	Internal - Controlled Assessment	60	30%
2. Taking Part and Improving Other Participants Sporting Performance	Internal - Controlled Assessment	60	30%
3. Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	External - Exam 1.5 hours	60	30%

**BTEC** | The BTEC Tech is designed as a vocational course, allowing students to be assessed in a different way. Students will complete their controlled assessments (Components 1&2) on a computer, furthermore, students are allowed to take in all of their preparation work that they have done for the case study, providing it is their own work. Case studies are also released before the assessment, allowing students to become familiar with the task and scenario as well as preparing specific notes to take into their controlled assessment. Students will then complete a summative 1.5 hour exam at the end of year 11.

**Theory** | Three – Four lessons a fortnight. Theory and practical assessment and learning is prevalent throughout all of the lessons. Lessons are engaging and stimulate student discussion with practical knowledge and outcomes.

<b>Component 1 - Preparing Participants to Take Part in Sport and Physical Activity (5 Hours)</b>		
Learning outcome A: Explore types and provision of sport and physical activity for different types of participants	Learning outcome B: Examine equipment and technology required for participants to use when taking part in sport and physical activity	Learning outcome C: Be able to prepare participants to take part in physical activity

<b>Component 2 -Taking Part and Improving Other Participants Sporting Performance (4 Hours)</b>		
Learning outcome A: Understand how different components of fitness are used in different physical activities	Learning outcome B: Be able to participate in sport and understand the roles and responsibilities of officials	Learning outcome C: Demonstrate ways to improve participants sporting techniques

<b>Component 3 - Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity (1.5 Hours Exam)</b>			
Learning outcome A: Explore the importance of fitness for sports performance	Learning outcome B: Investigate fitness testing to determine fitness levels	Learning outcome C: Investigate different fitness training methods	Learning outcome D: performance Investigate fitness programming to improve fitness and sports

**Practical** | One – Two lessons a fortnight. Practical assessment is included in both controlled assessments, students will be required to be filmed for moderation. Practical lessons are focused and coincide with the theoretical learning e.g. team/individual sports, fitness testing etc.

**Revision** | Revision Guides

### [Pearson Revise BTEC Tech Award Sport Revision Guide \(2022\)](#)

- Publisher : Pearson; 1st edition (3 Nov. 2022)
- Language : English
- ISBN-10 : 129243614X
- ISBN-13 : 978-1292436142



### [Pearson Revise BTEC Tech Award Sport Practice Assessments Plus \(2022\)](#)

- Publisher : Pearson; 1st edition (1 Nov. 2022)
- Language : English
- ISBN-10 : 1292436301
- ISBN-13 : 978-1292436302

