

Budmouth Academy

PE Curriculum Statement

Vision

“Inspire a passion for Physical Education and healthy lifelong participation”

Curriculum Aims

Students should:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives and understand the importance of this

Intent

At KS3 we endeavour to ensure a broad and challenging curriculum is delivered, addressing the needs of every student to facilitate high levels of progress. Our curriculum is based around 3 important pillars:

1. Motor skills
2. Rules, strategies and tactics
3. Healthy participation

The curriculum is designed to allow students to cement the basics before increasing competition, speed and decision making.

Implementation

To achieve our aims, we offer a wide range of sport and physical activities including the sports education model. We differentiate groups so that students feel comfortable in their surroundings and support the adaptive teaching ideology. Extra curricular activities offer the stretch and challenge for highly competitive students as well as recreational activities. Sports leadership opportunities support the development of the power skills which have been highly popular.

Impact

By the end of KS3 all students will have been provided with the opportunity and encouragement to participate, facilitating progress which in turn will assist students in demonstrating a secure knowledge and physical performance capabilities. The use of formative and summative assessment will provide students and teachers with progression, tracking supported by the use of learner booklets. Students' experiences will prepare them for subsequent learning at KS4 both within sport and future endeavours. They will understand the importance of leading an active healthy lifestyle.