

Budmouth Academy

PE Curriculum Statement

Vision

"Inspire a passion for Physical Education and healthy lifelong participation"

Curriculum Aims

Students should:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives and understand the importance of this

Intent

At KS4 we endeavour to ensure a broad and challenging curriculum is delivered, addressing the needs of every student to facilitate high levels of progress. Our curriculum is building on the pillar foundations developed at KS3, with a particular focus on pillar 3:

3. Healthy participation

The curriculum is designed so that students can participate within a group that allows them to feel safe and secure plus suits their individual needs. These needs can range from competition, health/fitness, social development or stress relief.

Implementation

To achieve our aims, we offer a wide range of sports and physical activities including the sports education model. We differentiate groups so that students feel comfortable in their surroundings and we implement the adaptive teaching ideology. Extra curricular activities offer the stretch and challenge for highly competitive students as well as recreational activities. Sports leadership opportunities support the development of the power skills which have been highly popular. Our KS4 sports leaders will support the running of local/community sports festivals and events, advocating lifelong participation in sport outside of the participation/performance career pathway.

Impact

At KS4 we change the focus from skill development to healthy participation, to reflect the needs of our students. We develop an understanding of the importance of a balanced healthy lifestyle and instil a love of physical activity, competitive or recreational.

We aim to develop knowledge in a variety of sports, rules and tactics and try new, less traditional sports for lifelong participation. We will guide and support students on to KS5 examination PE if it matches their aspirations. Increased technical vocabulary eases transition onto A level or BTEC where appropriate.