

# YEAR 10

Term	1	2	3	4	5	6
<b>Learning Area</b>	1.1 Structure and Function Skeletal system. 1.1 Muscular System	1.1 Cardiovascular and Respiratory systems.	1.1 Effects of exercise on body systems.	1.2 Components of fitness.	1.2 Applying the principles of training. 1.2 Preventing Injury	AEP (coursework) Support and development.
<b>Assessment</b>	End of unit test	End of unit test	End of unit test	End of unit test	End of unit test	End of unit test
<b>Practical</b>	Handball	Badminton	Table tennis	Netball	Athletics	Tennis

# YEAR 11

Term	1	2	3	4	5	6
<b>Learning Area</b>	2.2 Sports Psychology	2.3 Health, Fitness and Wellbeing	2.1 Engagement patterns 2.1 Commercialisation of physical activity	2.1 Ethical and socio-cultural issues	Revision	Examination Term
<b>Assessment</b>	End of unit test	Paper 1 Mock	End of unit test	Paper 1 & 2 Mock	Exam Prep	Final Exams
<b>Practical</b>	Handball	Badminton	Table tennis	Netball	Athletics	Tennis