WEEK I

WEEK COMMENCING

01/04/2024 22/04/2024 13/05/2024 03/06/2024 24/06/2024 15/07/2024

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY

Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn

TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Glazed British Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravv

THURSDAY

Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

(V) - VEGETARIAN (VE) - VEGAN

MONDAY Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY

Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)

THURSDAY

Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)

FRIDAY

THURSDAY

Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)

VIBES				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Garlic & Lemon Chicken Gyros	Chicken Yakitori with Rice	Loaded Potato Skins	Manager's Street Vibes Special
NATU	Rally			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (VE)	Pakistani Tarka Dhal (VE)	Manager's Special



Fruit and Jelly Pots Available Daily

- MONDAY

Chocolate Sauce

Chocolate Sponge &

Apple Strudel & Custard

TUESDAY WEDNESDAY Peach Kuchen

Pear & Cocoa Sponge

Manager's

FRIDAY



MONDAY

TUESDAY WEDNESDAY

THURSDAY

FRIDAY

Creamy Pesto

Tomato & Basil Pasta Pasta

Tomato or Pepperoni,

Tomato Pizza

Mozzarella & Pasta in Cheese Sauce Cheese &

Mozzarella & Tomato or BBO Chicken, Cheese & Tomato Pizza

Cucina

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

WEEK 2

WEEK COMMENCING

08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024 22/07/2024

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

(V) - VEGETARIAN (VE) - VEGAN

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY Creamy Garlic Chicken & Mushroom

Pasta with Garden salad WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravv

THURSDAY Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (V)

WEDNESDAY Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

THURSDAY Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

FRIDAY Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)

THURSDAY

Sauce

VIBES				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Caramelised Onion & Mozzarella Poutine	Gochujang Chicken & Sesame Rice Pot	Mei Goreng Indonesian Fried Noodles	Korean Fried Crispy Chicken	Manager's Street Vibes Special
NATU	Rally			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reggae Reggae Jackfruit Curry (VE)	Spiced Paneer & Red Onion Naan (V)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Manager's Special



WEDNESDAY

MONDAY

Apple Pie & Custard

Peach &

TUESDAY

Sticky Coconut & Baked Churros Jam Pudding with Chocolate

Fruit and Jelly Pots Available Daily

Manager's

FRIDAY

MONDAY TUESDAY

SEAR

Tomato & Basil

Pasta

TRATTORIA

Creamy Pesto Pasta

Mozzarella & Pasta in Cheese Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Sauce

WEDNESDAY

Mozzarella & Tomato or BBO Chicken, Cheese & Tomato Pizza

FRIDAY

Cucina

FRESHLY BAKED BREAD **Available Daily**

HOMEMADE SOUP &

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

WEEK 3

WEEK COMMENCING

15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY

Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Bhuna with Pilau Rice & Homemade Raita

FRIDAY

MONDAY

Pineapple

Cake

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

TUESDAY

HOMEMADE SOUP &

FRESHLY BAKED BREAD

Available Daily

MONDAY Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

TUESDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

THURSDAY

Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

FRIDAY Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)

MONDAY TUESDAY WEDNESDAY THURSDAY Chinese Style Chipotle Chicken Loaded Manager's Street Thai Fried Rice Vegan Noodles Chimichanga Mediterranean (VE) Street Cart Wedges NATURAL MONDAY TUESDAY **WEDNESDAY THURSDAY** Fork Friendly Smoked Tofu & Seeded Vegan Onion Bhaji Falafel Kebab Caponata Burger Sausage Roll Skewer with

 (\vee)

 (\vee)

(V) - VEGETARIAN (VE) - VEGAN



Sauce

Warm Blueberry Dropped Pancake Bar Sponge

Apple & Mixed Berry Crumble with Vanilla

Fruit and Jelly Pots Available Daily

Manager's

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**



(VE)



FRIDAY

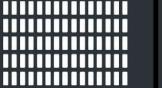
Vibes Special

FRIDAY

Manager's

Special





Bombay

Potatoes (VE)